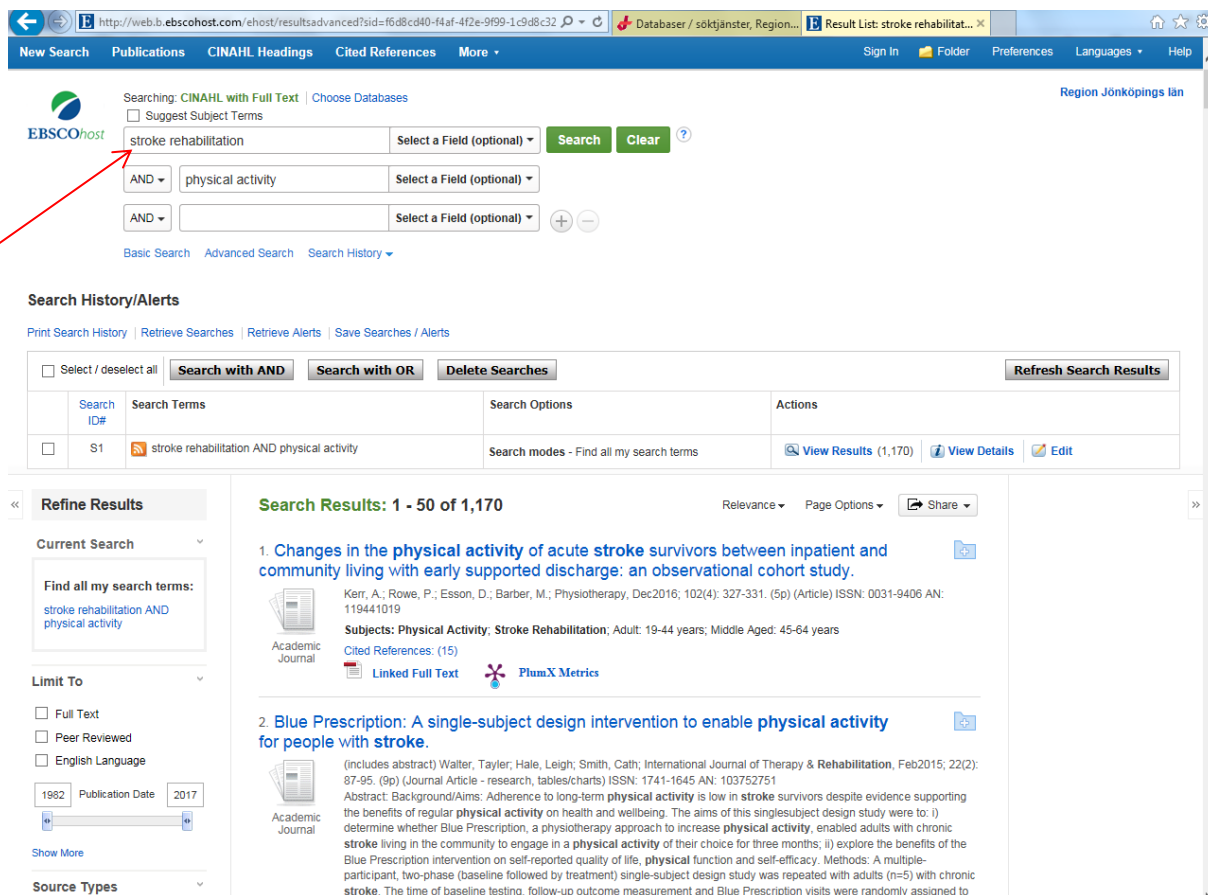


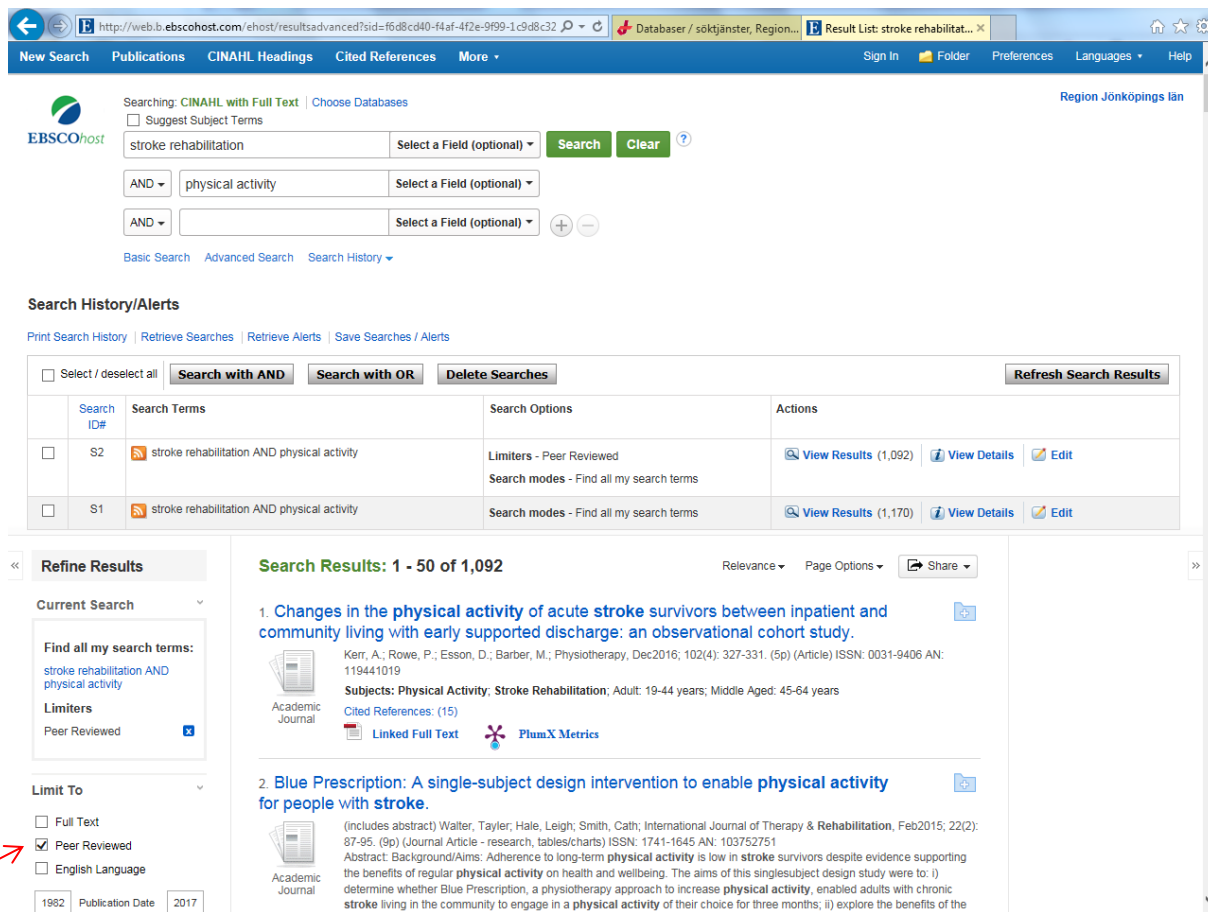
Manual Cinahl



The screenshot shows the EBSCOhost search interface. At the top, there is a navigation bar with options like 'New Search', 'Publications', 'CINAHL Headings', 'Cited References', and 'More'. The search bar contains the text 'stroke rehabilitation' and 'physical activity' connected by 'AND'. A red arrow points to the 'Suggest Subject Terms' checkbox. Below the search bar, there are options for 'Basic Search', 'Advanced Search', and 'Search History'. The 'Search History/Alerts' section shows a table with search terms and actions. The 'Refine Results' section on the left includes filters for 'Current Search', 'Limit To', and 'Source Types'. The main results area shows two search results, each with a title, author information, and a brief abstract.

Advanced Search

1. Skriv in dina sökord på engelska i sökrutan/rutorna och tryck på **Search**
2. När rutan **Suggest Subject Terms** är **tom** söker du i fritext, d.v.s. inte via ämnesord. Observera att du kan ändra i rullgardinsmenyn vid **Select a Field (optional)** och söka i andra fält exempelvis författare- och titelfält.
Eller sök på ett ord i taget och kombinera sedan genom att bocka i de sökord du vill kombinera under **Search History** och välj **Search with AND** (eller **OR**)



The screenshot shows the EBSCOhost search interface. The search terms are 'stroke rehabilitation AND physical activity'. The results are filtered to 'Peer Reviewed' and 'English Language'. The 'Limit To' section on the left has a red arrow pointing to the 'Peer Reviewed' checkbox, which is checked. The search results list two articles:

- Changes in the physical activity of acute stroke survivors between inpatient and community living with early supported discharge: an observational cohort study.**
Kerr, A.; Rowe, P.; Esson, D.; Barber, M.; Physiotherapy, Dec2016; 102(4): 327-331. (5p) (Article) ISSN: 0031-9406 AN: 119441019
Subjects: Physical Activity; Stroke Rehabilitation; Adult: 19-44 years; Middle Aged: 45-64 years
Cited References: (15)
Linked Full Text | PlumX Metrics
- Blue Prescription: A single-subject design intervention to enable physical activity for people with stroke.**
(includes abstract) Walter, Taylor; Hale, Leigh; Smith, Cath; International Journal of Therapy & Rehabilitation, Feb2015; 22(2): 87-95. (9p) (Journal Article - research, tables/charts) ISSN: 1741-1645 AN: 103752751
Abstract: Background/Aims: Adherence to long-term physical activity is low in stroke survivors despite evidence supporting the benefits of regular physical activity on health and wellbeing. The aims of this singlesubject design study were to: i) determine whether Blue Prescription, a physiotherapy approach to increase physical activity, enabled adults with chronic stroke living in the community to engage in a physical activity of their choice for three months; ii) explore the benefits of the

Begränsa

Får du många träffar, begränsa din sökning.

Under **Refine Results** kan du begränsa till exempelvis **Peer Reviewed**.

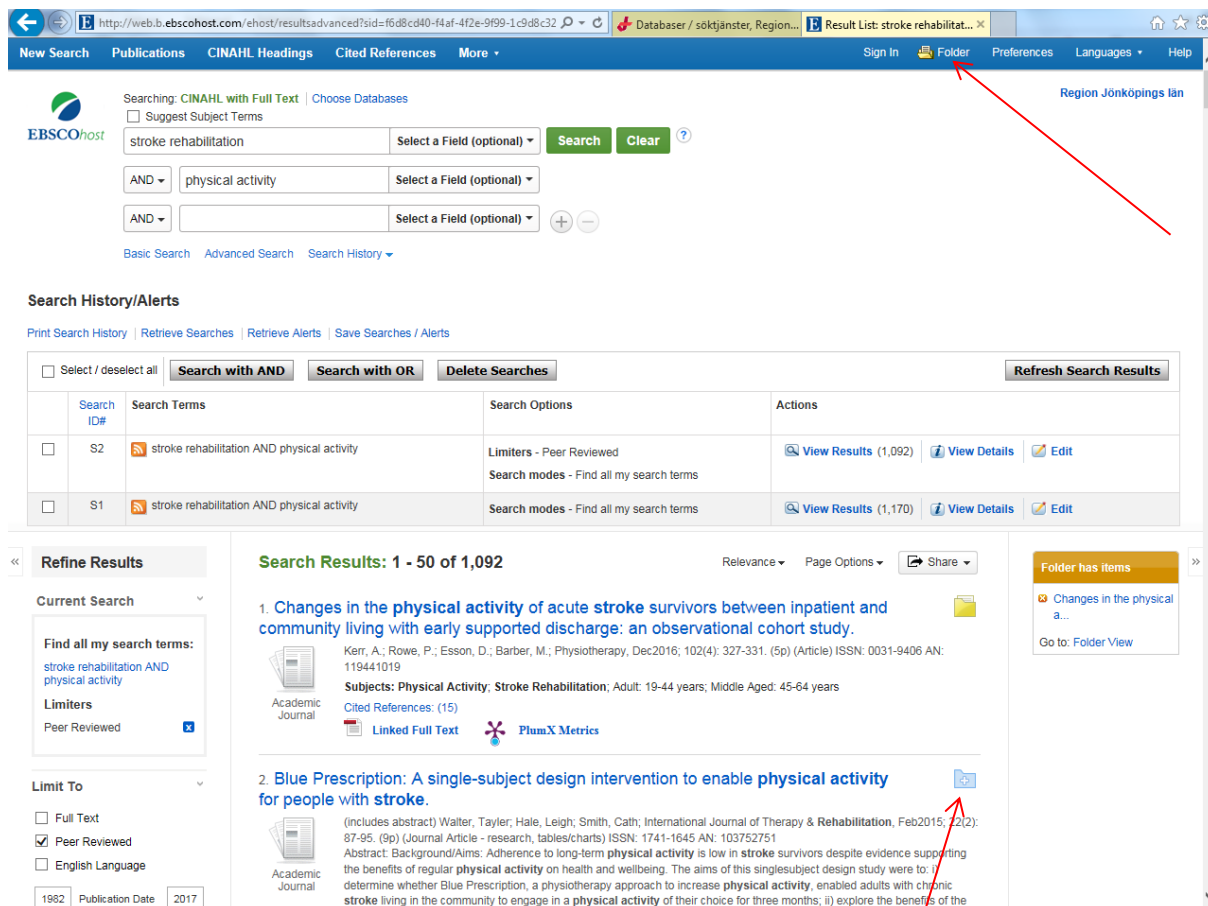
Fler möjligheter att begränsa får du om du klickar på **Show more**.

T.ex. **Publication Type** / **Randomized Controlled Trial** eller **Research Instrument**

Dina resultat presenteras i en lista.

Finns texten **Full Text Finder** eller **Linked Full Text** eller **PDF Fulltext** under referensen så kan du oftast få fram fulltexten direkt. Får du inte fram fulltexten klicka på knappen:  [Begär detta objekt genom fjärrlån](#)

Där finns ett beställningsformulär så att du kan beställa artikeln från biblioteket.



Searching: CINAHL with Full Text | Choose Databases
EBSCOhost
stroke rehabilitation Select a Field (optional) Search Clear
AND physical activity Select a Field (optional)
AND Select a Field (optional) + -
Basic Search Advanced Search Search History

Search History/Alerts
Print Search History | Retrieve Searches | Retrieve Alerts | Save Searches / Alerts

Select / deselect all	Search with AND	Search with OR	Delete Searches	Refresh Search Results
<input type="checkbox"/>	S2	stroke rehabilitation AND physical activity	Limiters - Peer Reviewed Search modes - Find all my search terms	View Results (1,092) View Details Edit
<input type="checkbox"/>	S1	stroke rehabilitation AND physical activity	Search modes - Find all my search terms	View Results (1,170) View Details Edit

Refine Results
Current Search
Find all my search terms:
stroke rehabilitation AND physical activity
Limiters
Peer Reviewed
Limit To
 Full Text
 Peer Reviewed
 English Language
1982 Publication Date 2017

Search Results: 1 - 50 of 1,092
Relevance Page Options Share

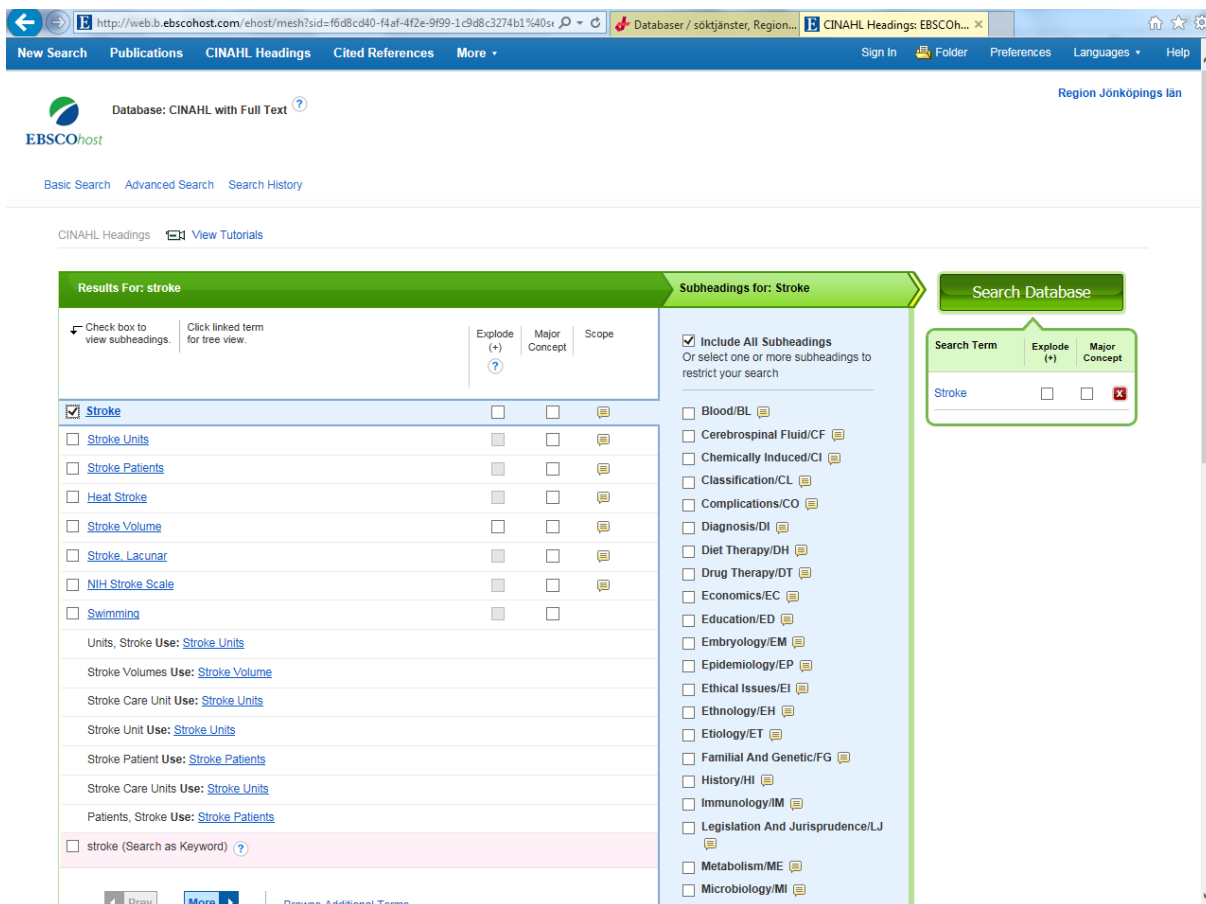
- Changes in the physical activity of acute stroke survivors between inpatient and community living with early supported discharge: an observational cohort study.**
Kerr, A.; Rowe, P.; Esson, D.; Barber, M.; Physiotherapy, Dec2016; 102(4): 327-331. (5p) (Article) ISSN: 0031-9406 AN: 119441019
Subjects: Physical Activity; Stroke Rehabilitation; Adult: 19-44 years; Middle Aged: 45-64 years
Cited References: (15)
[Linked Full Text](#) [PlumX Metrics](#)
- Blue Prescription: A single-subject design intervention to enable physical activity for people with stroke.**
(includes abstract) Walter, Taylor, Hale, Leigh, Smith, Cath; International Journal of Therapy & Rehabilitation, Feb2015; 22(2): 87-95. (9p) (Journal Article - research, tables/charts) ISSN: 1741-1645 AN: 103752751
Abstract: Background/Aims: Adherence to long-term physical activity is low in stroke survivors despite evidence supporting the benefits of regular physical activity on health and wellbeing. The aims of this singlesubject design study were to: i) determine whether Blue Prescription, a physiotherapy approach to increase physical activity, enabled adults with chronic stroke living in the community to engage in a physical activity of their choice for three months; ii) explore the benefits of the

Folder has items
Changes in the physical a...
Go to: Folder View

Spara

För att spara artiklar tillfälligt, klicka på **mappen** med ett + -tecken. Artiklarna sparas då i en mapp, som du når genom att klicka på **Folder** högst upp på sidan. Där väljer du vad du vill göra med dina artiklar: skriva ut listan på referenser, e-posta dem, spara dem permanent, eller skicka dem till ett referenshanteringssystem.

För att spara referenser permanent måste du först ha en egen registrering och vara inloggad. Du kan göra det via funktionen **Sign in** högst upp på sidan.



The screenshot shows the EBSCOhost CINAHL database search results for the term 'stroke'. The interface includes a navigation bar with options like 'New Search', 'Publications', 'CINAHL Headings', 'Cited References', and 'More'. The search results are displayed in a table with columns for 'Stroke', 'Stroke Units', 'Stroke Patients', 'Heat Stroke', 'Stroke Volume', 'Stroke, Lacunar', 'NIH Stroke Scale', and 'Swimming'. A 'Subheadings for: Stroke' section is visible on the right, listing various subheadings such as 'Blood/BL', 'Cerebrospinal Fluid/CF', 'Chemically Induced/CI', etc. A 'Search Database' box is also present on the right side of the results area.

Sök med hjälp av ämnesord

Ett bra sätt att göra en träffsäker sökning är att be databasen om hjälp med relevanta söktermer. Detta gör du genom att från **förstasidan bocka för rutan *Suggest Subject Terms***, skriv din sökterm (sök endast på ett ord i taget) och klicka ***Search***.

För handledning och frågor kontakta biblioteken i Region Jönköpings län

Medicinska fackbiblioteket

Länssjukhuset Ryhov
medicinska.fackbiblioteket.jonkoping@rjl.se
tfn 010-24 22490

Sjukhusbiblioteket

Höglandssjukhuset Eksjö
biblioteket.hoglandet@rjl.se tfn 010-24 35018

Sjukhusbiblioteket, Länssjukhuset Ryhov

biblioteket.jonkoping@rjl.se
tfn 010-24 22491

Odontologiska Institutionens bibliotek

Rosenlunds vårdcentrum Jönköping
biblioteket.oi@rjl.se tfn 010-24 24630

Värnamo sjukhusbibliotek

biblioteket.varnamo@rjl.se tfn 010-24 47940