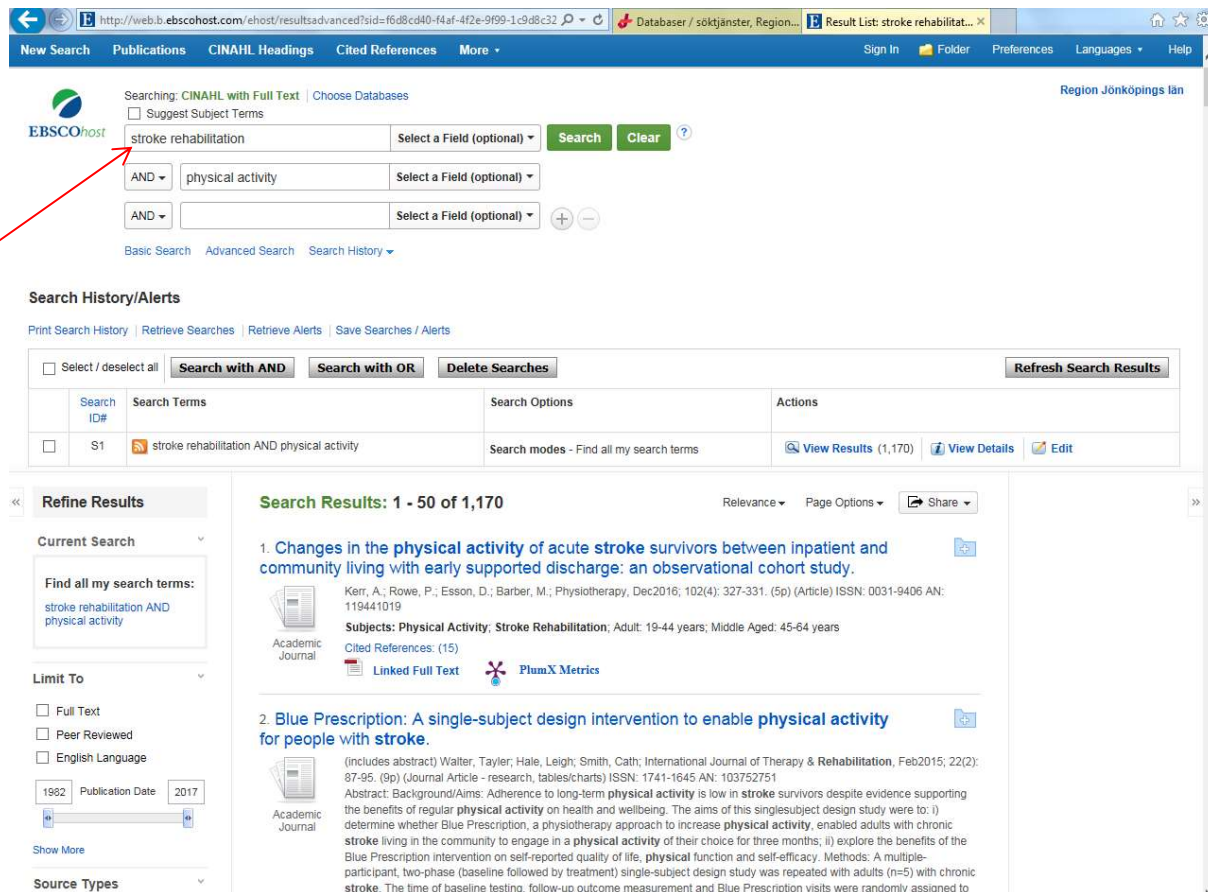


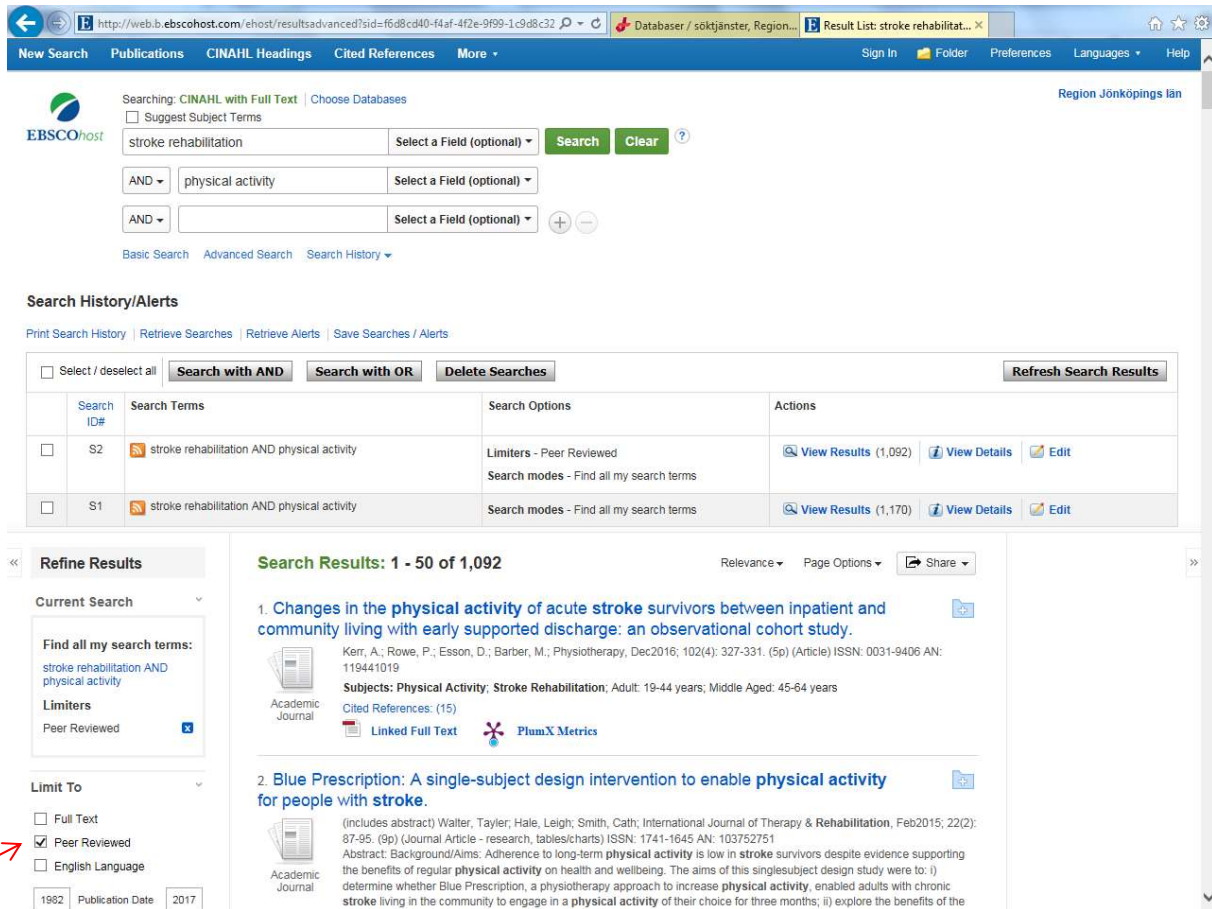
Manual Cinahl



The screenshot shows the EBSCOhost search interface. At the top, there's a navigation bar with links like 'New Search', 'Publications', 'CINAHL Headings', 'Cited References', and 'More'. Below this, the search bar is active with the text 'stroke rehabilitation' and a dropdown menu showing 'physical activity'. A red arrow points to the 'AND' operator button. The search results section shows 'Search Results: 1 - 50 of 1,170'. The first result is 'Changes in the physical activity of acute stroke survivors between inpatient and community living with early supported discharge: an observational cohort study' by Kerr, A.; Rowe, P.; Esson, D.; Barber, M.; Physiotherapy, Dec2016; 102(4): 327-331. (5p) (Article) ISSN: 0031-9406 AN: 119441019. The second result is 'Blue Prescription: A single-subject design intervention to enable physical activity for people with stroke' by Walter, Taylor; Hale, Leigh; Smith, Cath; International Journal of Therapy & Rehabilitation, Feb2015; 22(2): 87-95. (9p) (Journal Article - research, tables/charts) ISSN: 1741-1645 AN: 103752751.

Advanced Search

1. Skriv in dina sökord på engelska i sökrutan/rutorna och tryck på **Search**
2. När rutan **Suggest Subject Terms** är **tom** söker du i fritext, d.v.s. inte via ämnesord. Observera att du kan ändra i rullgardinsmenyn vid **Select a Field (optional)** och söka i andra fält exempelvis författare- och titelfält.
Eller sök på ett ord i taget och kombinera sedan genom att bocka i de sökord du vill kombinera under **Search History** och välj **Search with AND** (eller **OR**)



Searching: CINAHL with Full Text | Choose Databases

stroke rehabilitation

AND physical activity

AND

Basic Search Advanced Search Search History

Search History/Alerts

Print Search History Retrieve Searches Retrieve Alerts Save Searches / Alerts

Select / deselect all Search with AND Search with OR Delete Searches Refresh Search Results

Search ID#	Search Terms	Search Options	Actions
S2	stroke rehabilitation AND physical activity	Limiters - Peer Reviewed Search modes - Find all my search terms	View Results (1,092) View Details Edit
S1	stroke rehabilitation AND physical activity	Search modes - Find all my search terms	View Results (1,170) View Details Edit

Refine Results

Current Search

Find all my search terms:
stroke rehabilitation AND physical activity

Limiters
Peer Reviewed

Limit To

☐ Full Text

☒ Peer Reviewed

☐ English Language

1982 Publication Date 2017

Search Results: 1 - 50 of 1,092

1. Changes in the physical activity of acute stroke survivors between inpatient and community living with early supported discharge: an observational cohort study.

Kerr, A.; Rowe, P.; Esson, D.; Barber, M.; Physiotherapy, Dec2016; 102(4): 327-331. (5p) (Article) ISSN: 0031-9406 AN: 119441019

Subjects: Physical Activity; Stroke Rehabilitation; Adult: 19-44 years; Middle Aged: 45-64 years

Cited References: (15)

[Linked Full Text](#) [PlumX Metrics](#)

2. Blue Prescription: A single-subject design intervention to enable physical activity for people with stroke.

(includes abstract) Walter, Taylor; Hale, Leigh; Smith, Cath; International Journal of Therapy & Rehabilitation, Feb2015; 22(2): 87-95. (9p) (Journal Article - research, tables/charts) ISSN: 1741-1645 AN: 103752751

Abstract: Background/Aims: Adherence to long-term physical activity is low in stroke survivors despite evidence supporting the benefits of regular physical activity on health and wellbeing. The aims of this single-subject design study were to: i) determine whether Blue Prescription, a physiotherapy approach to increase physical activity, enabled adults with chronic stroke living in the community to engage in a physical activity of their choice for three months; ii) explore the benefits of the

Begränsa

Får du många träffar, begränsa din sökning.

Under **Refine Results** kan du begränsa till exempelvis **Peer Reviewed**.

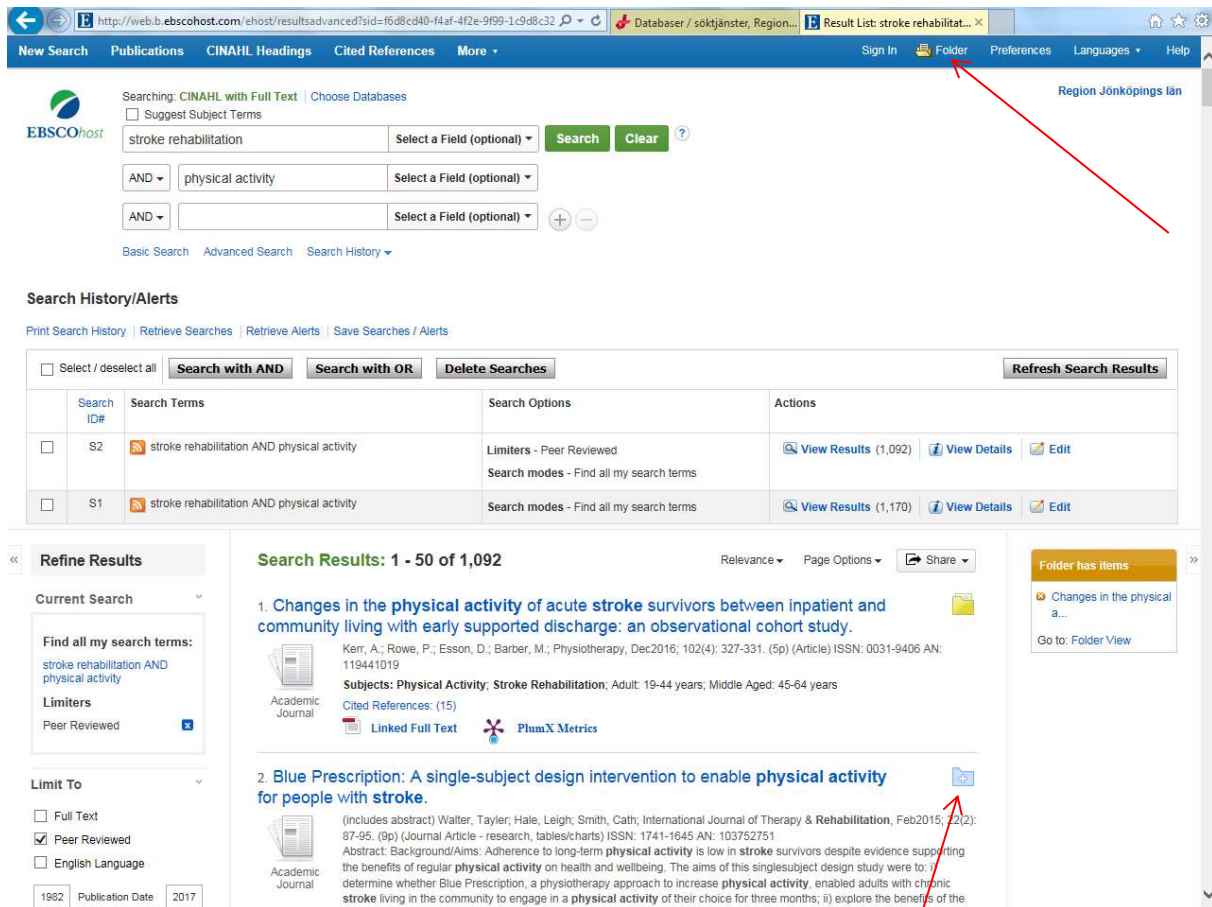
Fler möjligheter att begränsa får du om du klickar på **Show more**.

T.ex. **Publication Type** / *Randomized Controlled Trial* eller *Research Instrument*

Dina resultat presenteras i en lista.

Finns texten **Full Text Finder** eller **Linked Full Text** eller **PDF Fulltext** under referensen så kan du oftast få fram fulltexten direkt. Får du inte fram fulltexten klicka på knappen:  [Begär detta objekt genom fjärrlån](#)

Där finns ett beställningsformulär så att du kan beställa artikeln från biblioteket.



Searching: CINAHL with Full Text | Choose Databases
☐ Suggest Subject Terms
 stroke rehabilitation Select a Field (optional) Search Clear ?
 AND physical activity Select a Field (optional)
 AND Select a Field (optional) + -
 Basic Search Advanced Search Search History

Search History/Alerts
 Print Search History Retrieve Searches Retrieve Alerts Save Searches / Alerts

Select / deselect all	Search with AND	Search with OR	Delete Searches	Refresh Search Results
<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
S2	stroke rehabilitation AND physical activity	Limiters - Peer Reviewed	Search modes - Find all my search terms	View Results (1,092) View Details Edit
S1	stroke rehabilitation AND physical activity	Search modes - Find all my search terms	View Results (1,170) View Details Edit	

Search Results: 1 - 50 of 1,092

1. Changes in the physical activity of acute stroke survivors between inpatient and community living with early supported discharge: an observational cohort study.
 Kerr, A.; Rowe, P.; Esson, D.; Barber, M.; Physiotherapy, Dec2016; 102(4): 327-331. (5p) (Article) ISSN: 0031-9406 AN: 119441019
 Subjects: Physical Activity; Stroke Rehabilitation; Adult: 19-44 years; Middle Aged: 45-64 years
 Cited References: (15)
 Linked Full Text PlumX Metrics

2. Blue Prescription: A single-subject design intervention to enable physical activity for people with stroke.
 (includes abstract) Walter, Taylor; Hale, Leigh; Smith, Cath; International Journal of Therapy & Rehabilitation, Feb2015; 22(2): 87-95. (9p) (Journal Article - research, tables/charts) ISSN: 1741-1645 AN: 103752751
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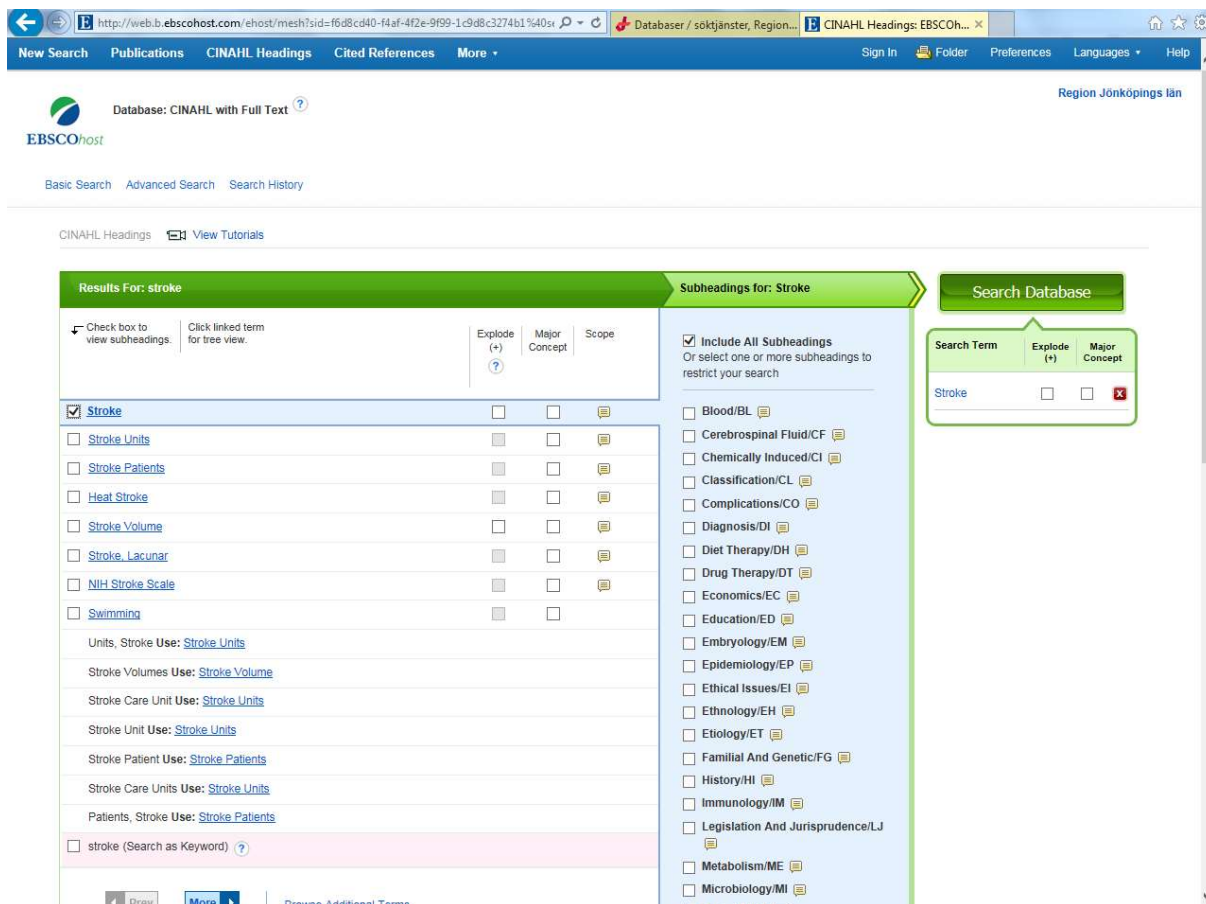
Refine Results
 Current Search
 Find all my search terms:
 stroke rehabilitation AND physical activity
 Limiters
 Peer Reviewed
 Limit To
☐ Full Text
☒ Peer Reviewed
☐ English Language
 1992 Publication Date 2017

Folder has items
 Changes in the physical a...
 Go to: Folder View

Spara

För att spara artiklar tillfälligt, klicka på **mappen** med ett + -tecken. Artiklarna sparas då i en mapp, som du når genom att klicka på **Folder** högst upp på sidan. Där väljer du vad du vill göra med dina artiklar: skriva ut listan på referenser, e-posta dem, spara dem permanent, eller skicka dem till ett referenshanteringssystem.

För att spara referenser permanent måste du först ha en egen registrering och vara inloggad. Du kan göra det via funktionen **Sign in** högst upp på sidan.



The screenshot shows the EBSCOhost CINAHL database interface. The top navigation bar includes links for New Search, Publications, CINAHL Headings, Cited References, and More. The main content area is titled 'Results For: stroke' and features a table of subheadings for 'Stroke'. The table has columns for 'Check box to view subheadings', 'Explode (+)', 'Major Concept', and 'Scope'. The 'Stroke' subheading is selected and expanded, showing a list of related terms such as 'Stroke Units', 'Stroke Patients', 'Heat Stroke', 'Stroke Volume', 'Stroke, Lacunar', 'NIH Stroke Scale', and 'Swimming'. A 'Search Database' button is visible on the right side of the interface.

Sök med hjälp av ämnesord

Ett bra sätt att göra en träffsäker sökning är att be databasen om hjälp med relevanta söktermer. Detta gör du genom att från **förstasidan** bocka för rutan **Suggest Subject Terms**, skriv din sökterm (sök endast på ett ord i taget) och klicka **Search**.

För handledning och frågor kontakta biblioteken i Region Jönköpings län

Sjukhusbiblioteket, Länssjukhuset Ryhov
biblioteket.jonkoping@rlj.se
tfn 010-24 22490, tfn 010-24 22491

Värnamo sjukhusbibliotek
biblioteket.varnamo@rlj.se tfn 010-24 47940

Sjukhusbiblioteket
Höglandssjukhuset Eksjö
biblioteket.eksjo@rlj.se tfn 010-24 35018

Odontologiska Institutionens bibliotek
Rosenlunds vårdcentrum Jönköping
biblioteket.oi@rlj.se tfn 010-24 24630