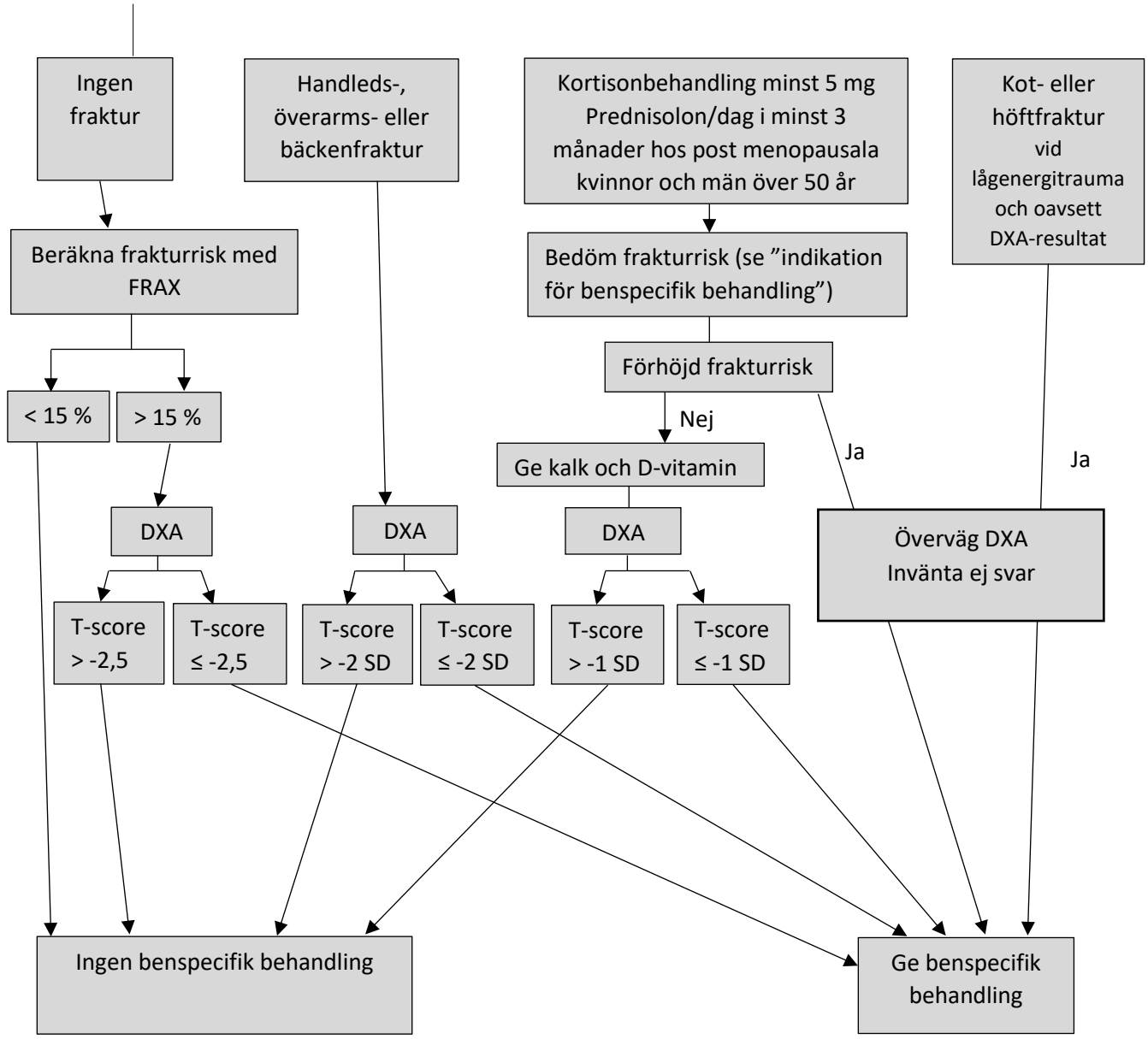Flödesschema osteoporosbehandling